



# Older Adult Behavioral Health Resources

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# ACL's Behavioral Health Webpage

- The [ACL Behavioral Health Webpage](#) offers the most current information and resources related to behavioral health among older adults and persons with disabilities



# Evidence-Based Behavioral Health Programs and Practices\*

- Program to Encourage Rewarding Lives for Seniors ([link](#)) and Healthy IDEAS ([link](#))
- The Wellness Recovery Action Plan ([link](#))
- Screening, Brief Intervention, and Referral to Treatment ([link](#))
- HomeMeds ([link](#))

\*This not an exhaustive list – complete list of ACL approved programs at [link](#).

# Substance Abuse/Misuse

- Fact Sheet: Opioids and Older Adults ([link](#))
- Issue Brief: The Opioid Public Health Emergency and Older Adults ([link](#))
- Opioids and TBI Grantees Brief ([link](#))
- The Intersection between Traumatic Brain Injury (TBI) and Opioid Use: Recommendations for Substance Use Treatment Providers ([link](#))

# Substance Abuse/Misuse, con't...

- Opioid Use Disorder and People with Disabilities - Fact Sheet – Medication Treatment ([link](#))
- Peer Support for People with Substance Use Disorder ([link](#))
- Guidance on Inappropriate Use of Antipsychotics: Older Adults and People with Intellectual and Developmental Disabilities in Community Settings ([link](#))

# Webinars

- Exploring Strategies to Engage Veterans in Community-Based Health Promotion Programs ([link](#))
- Motivational Interviewing to Improve Health Outcomes Among Older Adults ([link](#))

# Webinars, con't...

- A Spotlight on Older Adults and Behavioral Health ([link](#))
- Using the Senior Reach Program to Address Risk Factors for Suicide Among Older Adults ([link](#))

# Older Adult Behavioral Health Data Profiles

- [Region I](#) (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont)
- [Region II](#) (New Jersey, New York, Puerto Rico, U.S. Virgin Islands)
- [Region III](#) (Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, West Virginia)



# OABH Profiles, con't 2...

- Region IV (Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Tennessee)
- Region V (Illinois, Indiana, Michigan, Minnesota, Ohio, Wisconsin)
- Region VI (Arkansas, Louisiana, New Mexico, Oklahoma, Texas)

# OABH Profiles, con't 3...

- [Region VII](#) (Iowa, Kansas, Missouri, Nebraska)
- [Region VIII](#) (Colorado, Montana, North Dakota, South Dakota, Utah, Wyoming)
- [Region IX](#) (Arizona, California, Hawaii, Nevada, AS, FSM, CNMI, Guam, MI, RP)
- [Region X](#) (Alaska, Idaho, Oregon, Washington)

## Other Resources

- Eldercare Locator ([link](#), Phone: 1-800-677-1116) – a nationwide service that connects older adults and their caregivers with trustworthy local support resources.
- ACL Funding Opportunities ([link](#))