**Oklahoma Mental Health and Aging Coalition**

**December 8, 2022 AGENDA**

 **1:30-3:00 NorthCare**

1. **Welcome and introductions / October meeting recap and review**
2. **Director’s report**
* ODMHSAS – Aging 101 and Aging 201
* NC Champions Team – crisis response – older adult training request
* E4 Center of Excellence for Behavioral Health Disparities in Aging – Policy Academy – Training/Behavioral Health State Plan/Aging Collaborative – Final session December 16th
* Meeting with Regional CMS at OID
* Medicare – Workforce – Senate and Finance Committees
* Deaths from drug and alcohol use rising; drug overdose deaths more than tripled among 65+ during past two decades; deaths from alcohol abuse increased more than 18% from 2019 to 2020 (National Center for Health Statistics, Kimball, 11/30)
* NH and restraint - Office of Inspector General – NH continue to give psychotropic drugs to high percentage of residents more than decade after regulators began scrutinizing how meds are used
* OIG - Eight out of 10 Medicare long-stay nursing home residents received psychotropic drugs from 2011-2019; residents of facilities with low staff ratios and with high shares of low-income people are more likely to receive psychotropic medicines. (Berryman, 11/17)
* Greater use of anti-seizure medications - Office of Inspector General - physicians specializing in nursing home care may have traded one controversial practice for another in response to regulatory scrutiny, seeking to sedate dementia patients with anticonvulsant medications rather than antipsychotics. (Washington Post, Rowland, 11/17)
* CIDRAP-Center for Infectious Disease Research and Policy

MRI revealed brain changes in COVID-19 patients up to 6 months after recovery; showed significant changes in the brain linked with fatigue, insomnia, anxiety, depression, headaches, and cognitive problems in the COVID-19 patients compared with controls (Radiological Society

1. **Resources**
* Healthy Minds Policy Initiative – Mental Health and Aging in Oklahoma

[**https://www.healthymindspolicy.org/aging-and-mental-health-in-oklahoma/**](https://www.healthymindspolicy.org/aging-and-mental-health-in-oklahoma/)

* [E4 Center of Excellence for Behavioral Health Disparities in Aging](https://e4center.org/), [CATCH-ON](https://catch-on.org/), [Rush Center for Excellence in Aging](https://aging.rush.edu/) releases **Foundational Competencies in Older Adult Mental Health Online Certificate Program -** 14 hours (CE fee)clinicians and others-E4Centerwebsite **E4Center@rush.edu**
* E4 Center Toolkit – **Building and Sustaining Effective Behavioral Health Care for Older Adults: Strategies and Considerations** [**https://e4center.org/wp-content/uploads/2022/11/E4\_Toolkit\_BusinessCase\_BuildingSustaining\_FINAL.pdf**](https://e4center.org/wp-content/uploads/2022/11/E4_Toolkit_BusinessCase_BuildingSustaining_FINAL.pdf)
* ACL – 2021 Profile of Older Americans
* [**Long-Term Trends of Psychotropic Drug Use in Nursing Homes, OEI-07-20-00500 (hhs.gov)**](https://oig.hhs.gov/oei/reports/OEI-07-20-00500.pdf) **https://oig.hhs.gov/oei/reports/OEI-07-20-0050.pdf**
1. **Announcements**
* Mental Health First Aid for Older Adults 2.0
* U.S. Justice Department launches probe of mental health care in Oklahoma -whether Oklahoma, Oklahoma City and the city's police department discriminate against people who have mental health disabilities in the provision of behavioral care services. The investigation will examine if Oklahoma violates federal law, including the Americans with Disabilities Act (ADA), by relying on psychiatric institutions to serve adults with behavioral health issues rather than relying on community-based services offered to others
* 6th annual Older Adult Mental Health Awareness Day (OAMHAD) Symposium – May 11th, 2023 - U.S. Administration for Community Living (ACL) and the National Council on Aging (NCOA)
1. **Presentation – Miranda Kieffer, OKDHS Community Living, Aging and Protective Services,**

 **Quality Innovation Unit**

* Everything OKDHS:505 Customer hotline; OKDHSLive.org; OAALA; Master Plan on Aging
1. **Brainstorming / Problem Solving**
* Policy Academy – trainings
* Reducing depression initiative
* Presentations
1. **Member Reports**
2. **Upcoming Events**
* January 18 – E4 Center webinar – *Combined Language*
* March 2 – NCMHA quarterly meeting
* May 11th **–** OAMHAD Symposium – virtual
* June 1 – NCMHA quarterly meeting

1. **Adjournment**

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| **◘Next Meeting**: ***Thursday, February 9, 2023* at 1:30–3:00 PM** NorthCare | 2617 General Pershing Boulevard, Oklahoma City, OK 73107 |

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| **2023 Meeting Dates****C:\Users\kareno\Pictures\Calendar-PNG-HD.png** **February 9 April 13 June 8****August 10 October 12 December 14** |

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