**Oklahoma Mental Health and Aging Coalition**

**October 13, 2022 AGENDA**

**1:30-3:00 NorthCare**

1. **Welcome and introductions / August meeting recap and review**
2. **Director’s report**

* ODMHSAS Aging Manager
* Master Plan on Aging for Oklahoma– empathy mapping/ readiness
* 6th annual Older Adult Mental Health Awareness Day (OAMHAD) Symposium – May 11th, 2023 - U.S. Administration for Community Living (ACL) and the National Council on Aging (NCOA)
* Member of OAMHAD Steering Committee
* E4 Center of Excellence for Behavioral Health Disparities in Aging – Policy Academy – Training/Behavioral Health State Plan/Council on Healthy Aging – October, November, December Sessions
  + Geriatric Workforce Enhancement Program/OUHSC Geriatric Medicine
  + DHS-CAP
  + OHCA
  + OSHD
  + OHAI
  + Primary Care Association
  + OU Nursing
  + O4A
  + OU Social Work
  + OMHAC
  + ODMHSAS
* U.S. Task force recommends all adults under 65 be screened for anxiety –

All adults screened for depression. Not enough data to recommend over 65

* England – under 65 suicide risk increases with Alzheimer’s diagnosis

1. **Resources**

* Healthy Minds Policy Initiative – Mental Health and Aging in Oklahoma

[**https://www.healthymindspolicy.org/aging-and-mental-health-in-oklahoma/**](https://www.healthymindspolicy.org/aging-and-mental-health-in-oklahoma/)

* [E4 Center of Excellence for Behavioral Health Disparities in Aging](https://e4center.org/), [CATCH-ON](https://catch-on.org/), [Rush Center for Excellence in Aging](https://aging.rush.edu/) releases **Foundational Competencies in Older Adult Mental Health Online Certificate Program -** 14 hours (CE fee)clinicians and others-E4Centerwebsite [**E4Center@rush.edu**](mailto:E4Center@rush.edu)
* Illinois Aging Together - [**https://illinoisagingtogether.org/**](https://illinoisagingtogether.org/)

1. **Announcements**

* UCO Gerontology program – suspended for 3 years
* 988 lifeline – call/mobile crisis team/transportation/urgent care and crisis centers/follow-up appointments

1. **Presentation – Felicia Cummings Lane,** LCSW

Community Engagement and Partnership Coordinator (CEPC)

Suicide Prevention Team, Behavioral Health Services

Oklahoma City VA HCS

1. **Brainstorming / Problem Solving**

* Policy Academy – trainings
* Master Plan on Aging
* Reducing depression initiative
* Presentations

1. **Member Reports**

* Heather Konicheck – OU Health-Communications No longer with HeartLine
* Alisa West Cahill – ODMHSAS Aging Manager, 10/24/22

1. **Upcoming Events**

* October 18 – Older Adult Mental Health 101 for Community-Based Organizations – E4 webinar
* November 4 – Strategies to Enhance Caregiver Mental Health and Well-Bing – E4 webinar
* **November 10 – PRSS-OA training**
* **December 1 – NCMHA quarterly meeting**
* **December 2 – Insomnia Implementation and Effectiveness – E4 Center webinar**
* **December 6- - ODMHSAS Conference**
* **December 8 – OMHAC Meeting**
* May 11th, **2023 –** OAMHAD Symposium - virtual

1. **Adjournment**

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| **◘Next Meeting**: ***Thursday, December 8, 2022* at 1:30–3:00 PM**  NorthCare | 2617 General Pershing Boulevard, Oklahoma City, OK 73107 |

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| **2022 Meeting Dates**  **C:\Users\kareno\Pictures\Calendar-PNG-HD.png**  **February 10 April 14 June 9**  **August 11 October 13 December 8** |

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