**Oklahoma Mental Health and Aging Coalition**

**April 11, 2024 AGENDA**

**1:30-3:00 NorthCare**

1. **Welcome and introductions / February ’24 meeting recap and review**
2. **Director’s report**

### April is Alcohol Awareness Month

* 7th Annual Older **Adult Mental Health Awareness Day -** OAMHAD 2024 – May 2, 2024
  + Keynote – Jenifer Lewis –“Mother of Black Hollywood”; Black-ish
  + Nutrition and Mental Health; Supporting Grandfamilies; Substance Use Crises in Older Adults; Suicide Prevention (Kim VanOrden); Late-Life Depression Care; Serious Mental Illness in Older Adults; Hoarding Related to Mental Health in Older Adults; Mental Health and Climate Connections
* Behavioral Health Forum on Aging (**BHFoA**)
  + Taskforces: Training, Screening, CCBHC, Communications/ PR; Public Health/integration; Messaging/Ageism; Aging Certificate
* State of Oklahoma Multisector Plan on Aging (**MPA)** 
  + Subcommittees: Age-friendly Communities/ Culture; Access to Services/ Fiscal Transparency; Housing and Transportation; Workforce and Caregivers; Wellness/ Social Connection
    - **Wellness Goal**: Oklahomans are healthy and empowered, with high quality of life outcomes
    - **Wellness Pathways**
  + Expand access to food options
  + Establish system of wellness hubs around the state
  + Work through the Behavioral Health Forum on Aging to support and implement the Older Adult Behavioral Health State Plan
* **Wellness Advocacy Pathways:** promote physical activities; expand availability of mobile healthcare, telehealth and wellness services; support practice and policy addressing social determinants of health, wellness and social connection across the lifespan, giving opportunity to live and age well
  + - **Social Connection Goal**: Oklahomans experience sense of community across generations and opportunities for social and civic engagement
    - **Social Connection Pathways**
  + Develop/implement effective communication framework to promote activities/events
  + Create statewide community coalition to foster innovate opportunities to engage and connect older adults with each other and younger generations
* **Social Connection Advocacy Pathways: i**dentify/promote opportunities to collaborate, co-locate and integrate services for older adults with children; invest in quality community facilities that meet social connection needs of older adults
* June OMHAC meeting – Tony Stelter, LPC, Chief, Statewide Crisis Services, ODMHSAS
* UCO Gerontology Meeting – Age Friendly University – Center for Active Living and Learning - Certificate
* Healthy Living – OKC – mental health focus – staff and member trainings; Norman – trainings scheduled
* Faith Community/ Age informed Pantry – Bailes/Mason
* Aging and behavioral health training – DHS CAP

1. **Presentation: Agata Flynt, LCSW, Vice President of Crises Services, NorthCare**
2. **Resources**

* ODMHSAS – **Older Oklahomans** **Toolkit, Fact Sheet, Outreach Cards** [**https://988oklahoma.com/**](https://988oklahoma.com/)
* Mental Health America – *Mental Health Month Toolkit* – [**www.mhanational.com**](http://www.mhanational.com)
* Boston University – Center for Psychiatric Rehabilitation – S.I.L.V.E.R. (*Supporting Individuals to Live as Vibrant Elders in Recovery)* Research  [**www.cpr.bu.edu**](http://www.cpr.bu.edu)
* **Center for Mental Health and Aging -** [**www.mentalhealthandaging.com**](http://www.mentalhealthandaging.com)
* **HelpGuide.org** [**www.helpguide.org**](http://www.helpguide.org)
* Mental Health First Aid Oklahoma [**www.mhfa-ok.org**](http://www.mhfa-ok.org)
* Center of Excellence for Behavioral Health in Nursing Facilities

[**https://nursinghomebehavioralhealth.org**](https://nursinghomebehavioralhealth.org)

* National Center to Reframe Aging [www.**reframingaging@geron,org**](http://www.reframingaging@geron,org)

1. **Announcements**

* Healthy Living - Norman
* NorthCare - Edmond CCBHC / Crisis Center
* NorthCare - Guthrie
* PEARLS implementation – Program to Encourage Active, Rewarding Lives

1. **Brainstorming**

* Food Pantry for older adults
* **988** Outreach
* Areas/issues of concern – Age informed services/ System of Care

1. **Member Reports**
2. **Upcoming Events**

* April 5 (continues second Friday May thru September) – E4 Center webinar – *Implementing the 4Ms in Mental Health and Substance Use Services*
* May 1 – *My Mind Matters* @ Capitol
* May 2 – *OAMHAD Symposium*
* May 6 –*PRSS-OA* – Training Institute
* May 18 – NAMIWalks 2024 – Scissortail Park
* May 21 – *Aging 101* – Training Institute
* June 6 – NCMHA Quarterly Meeting
* June 13 – OMHAC Meeting
* June 25 – *Aging 201* – Training Institute
* August 6 – *PRSS-OA* – Training Institute
* September 5 – NCMHA Quarterly Meeting
* September 9 – *GDS* – Training Institute
* September17 – *Aging 101* – Training Institute
* September 25 – *Aging 201* – Training Institute
* September 26 – LeadingAge Oklahoma Leadership Conference-TBA
* October 1 – *PRSS-OA* – Training Institute
* November 5 – *Aging 101* – Training Institute
* December 3-5 – ODMHSAS Momentum Conference - TBA
* December 5 – NCMHA Quarterly Meeting

1. **Adjournment**

|  |
| --- |
| **◘Next Meeting**: ***Thursday, June 13, 2024* at 1:30–3:00 PM**  NorthCare | 2617 General Pershing Boulevard, Oklahoma City, OK 73107 |
| **2024 Meeting Dates**  **C:\Users\kareno\Pictures\Calendar-PNG-HD.png**  **February 8 April 11 June 13**  **August 8 October 10 December 12** | |

Notes:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_