**Oklahoma Mental Health and Aging Coalition**

**June 13, 2024 AGENDA**

**1:30-3:00 NorthCare**

1. **Welcome and introductions / April ’24 meeting recap and review**
2. **Director’s report**

* 7th Annual **Older Adult Mental Health Awareness Day (**OAMHAD) 2024 – May 2, 2024
* Attendance - 5,100 (4.4% increase from 2023)
  + Total Number of Registrants – 8,333
  + 955 accessed Break Session - *How SAMHSA Block Grants Can Support Older Adult Behavioral Health* (NCMHA and SAMHSA collaborative)
  + Learning Collaborative – session 3
* Behavioral Health Forum on Aging (**BHFoA**) Taskforces:
  + Messaging – reframing aging message / reframing behavioral health and aging message / ageism / stigma
  + Public Health – integration of aging into other networks – integration of older adults and aging issues (SDH) into other networks
  + Referral / Resource Coordination
  + Training
  + Screening
  + CCBHC
  + Communications/ PR
  + Aging Certificate
    - Gero certificate – Clemson University’s Institute for Engaged Aging (IEA) OU College of Nursing, UCO – transdisciplinary Certificate in Aging
* State of Oklahoma Multisector Plan on Aging (**MPA) Aging Our Way**
  + June 25 Presentation – History Center
  + Ambassador Program
* Aging and behavioral health training – DHS CAP
* SAMHSA Engagement meeting
* Medicareguide.com – cost, access and quality in 50 states and DC – Oklahoma ranks 51; ranks worst for heart disease mortality
* Distress – experiencing distress may not meet diagnostic criteria for depression, but reverse not the case –

if meeting criteria for depression, likely to have expressed distress

* ***Cumulative stress most causal to development of anxiety and depressive disorders***
* Re-elected to serve as NCMHA Vice Chair for 2024-2026 Term

1. **Presentation: ~~Tony Stelter~~**~~, LPC, Chief, Statewide Crisis Services, ODMHSAS~~ **Rescheduled: August 8th**
2. **Resources**

* ODMHSAS – **Older Oklahomans** **Toolkit, Fact Sheet, Outreach Cards** [**https://988oklahoma.com/**](https://988oklahoma.com/)
* **OAMHAD** recordings available **– ncoa.org - Agenda**
* Boston University – Center for Psychiatric Rehabilitation – **S.I.L.V.E.R. (*Supporting Individuals to Live as Vibrant Elders in Recovery)* Research** [**www.cpr.bu.edu**](http://www.cpr.bu.edu)
* ACL **2023 Profile of Older Americans** **ACL.gov**
* Mental Health First Aid Oklahoma [**www.mhfa-ok.org**](http://www.mhfa-ok.org)
* National Center to Reframe Aging [www.**reframingaging@geron,org**](http://www.reframingaging@geron,org)
* Advancing States - ACL Survey -**National Core Indicators Aging and Disabilities Adult Consumer Survey 2022-2023**

1. **Announcements**

* 8th Annual Katz Policy Lecture on Mental Health and Aging – June 26 – registration required[**https://www.benrose.org/web/guest/-/katz24**](https://www.benrose.org/web/guest/-/katz24)
* E4 Center / Rush Center for Excellence in Aging (CEA) Learning Hub launched
* National Academies Committee on a *Blueprint for a National Prevention Infrastructure for* *Behavioral Health Disorders* – hosting listening sessions
* Department of Health and Human Services / Administration for Community Living *- Aging in the United States:* ***A Strategic Framework for a National Plan on Aging***[**www.acl.gov/ICC-Aging**](http://www.acl.gov/ICC-Aging)
* SAMHSA *Behavioral Health Among Older Adults*: *Results from the 2021 and 2022 National Surveys on Drug Use and Health* (NSDH) -infographic report – 60 and older – in past year
  + 1 in 8 used illicit drugs, 1 in 11 had substance use disorder (SUD), and 1 in 8 had any mental illness
  + 10.0 million older adults (12.8%) engaged in binge drinking in past month, including 2.5 million (3.2%) who engaged in heavy drinking
  + males more likely than females to have used substances and SUDs
  + females more likely to have had major depressive episode or mental illness
  + percentages who engaged in nonfatal suicidal behaviors similar for both genders
  + suicide rate among older adult males (30.2 deaths per 100,000 people) was considerably higher than the female rate (5.6 deaths per 100,000 people).
  + as with overall U.S. population, substantial percentages who needed substance use treatment or had mental illness did not receive treatment - Older adults who might benefit from treatment typically did not perceive that they needed it

1. **Member Reports**
2. **Upcoming Events**

* June 14 – Prevention Rounds: *Suicide* in Oklahoma– ODMHSAS Training Institute
* June 20 – *PRSS-OA –* Training Institute
* June 25 – *Aging 201* – Training Institute
* June 25 – Aging our Way MPA Presentation – History Center
* June 26 – Katz Policy Lecture – Mental Health and Aging - webinar
* June 28 – BHFoA Meeting
* August 6 – *PRSS-OA* – Training Institute
* August 8 – OMHAC Meeting
* August 23 – BHFoA Meeting
* September 5 – NCMHA Quarterly Meeting
* September 10 – *GDS* – Training Institute
* September17 – *Aging 101* – Training Institute
* September 25 – *Aging 201* – Training Institute
* September 26 – LeadingAge Oklahoma Leadership Conference-TBA
* October 1 – *PRSS-OA* – Training Institute
* October 10 – OMHAC Meeting
* October 25 – BHFoA Meeting
* November 5 – *Aging 101* – Training Institute
* December 4-6 – ODMHSAS Momentum Conference - Norman
* December 5 – NCMHA Quarterly Meeting
* December 12 – OMHAC Meeting
* December 13 – BHFoA Meeting
* May 1, 2025 – Older Adult Mental Health Awareness Day

1. **Adjournment**

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| **◘Next Meeting**: ***Thursday, August 8, 2024* at 1:30–3:00 PM**  NorthCare | 2617 General Pershing Boulevard, Oklahoma City, OK 73107 |
| **2024 Meeting Dates**  **C:\Users\kareno\Pictures\Calendar-PNG-HD.png**  **February 8 April 11 June 13**  **August 8 October 10 December 12** | |

Notes:

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